## Edinburgh Full Moon Group Public Link With London Seminar December 21<sup>st</sup>, Edinburgh, Scotland

There were two main experiences which were important from my perspective of being a new student of the Arcane School. Firstly, I saw that everyone was fired up and ready to be of service. There were a number of challenges, gaining access to the building and interrupted internet access, but the work and the day was so important, you did not let this stop you. You all went to a great deal of effort to be there, with William's music and having a back-up presentation ready, which were not needed on the day.

Secondly, I got to see group service in action, which until then, had been an obscure theoretical concept, which I was struggling to get my head around. For I could see what I had been reading about in Esoteric Psychology Vol 1 in action around me on the day, about experimental steps being taken to build a strong foundation.

It really did not matter that no visitors were there, as the energy on the day was excellent, and it felt like everyone who was meant to be there, was. I was glad to be a part of that.

Heather

One thing which did strike me on hearing Gerard Timmons talk on Networks of Service, was on how to increase awareness of the Full Moon meetings through attending events like the Mind, Body and Spirit Festivals. I checked to see if there were any events in Edinburgh and noticed the Holistic Ways Festival are holding an event in March and might be an opportunity for us to increase awareness of the Edinburgh full moon meetings. Lesley

We were not just individuals getting together, rather, we were more powerful, as a group, together. (impression of our group) John

As I was listening to Janice Dolley's talk 'Weaving Networks of Spirit' I was struck when she referred to the Gnostic Gospel of Thomas (The Gnostic Gospels found in earther ware jars in the Middle East)

"If you bring forth what is in you, it will serve you.

If you do not bring forth what is in you, it will destroy you."

Children need to bring forth their inner life, to relate to their outer life. It is the inner life which the Ofsted Inspectors are crushing in children. John

Our day went well even though not a single visitor turned up. Overcoming the technical problems with wifi connections and Heather keeping going, finally getting it sorted and the delight when we linked up Live with the London Seminar.

We all enjoyed Dominic's sense of humour making us laugh.

Gerard Timmons talking about Networks of Service, shared with us the remarkable work in Ireland and how the many groups which have spread throughout Ireland, over the years, taking part in the Full Moon Festivals each month. Gerard's talk was popular with his gentle sense of humour. We all laughed when he showed the advert promoting the Alice Bailey Books using 'Baileys Liqueur': "If you are looking for Spirit try Baileys".

During the break William played a piece of music, one of his own compositions, inspired by Simon and Emma's presentation. A beautiful unifying moment for our group.

Above all on the day was our group connecting with each other and being part of the wider group meditation in the Live Link-Up with London. Susan

I wholeheartedly agree that the day was a wonderful opportunity for our group to connect with each other and the wider group. The talks were

inspiring and heartfelt and I appreciated the periods of silence between some of the contributions. It was a treat to hear some solo Bach at the end of Simon's talk. A beautiful confluence of energies.

William